

# Kletz Meal Plan

## Breakfast

8:00am-10:00am  
10:00am-10:30am (Continental)

### One of each:

Fresh Fruit  
Yogurt  
One item from the bakery case  
Cold cereal or granola  
Dispenser juice/soda/milk  
Coffee or Tea

### Or:

The breakfast special of the day  
with a beverage.

## Lunch

10:31am-11:45am  
12:15pm-4:30pm

### Select one item from each list:

#### List #1

Cheeseburger  
Hamburger  
Tenders  
1 Taco  
Hot Dog/Brat  
Soup  
Chicken Nuggets  
Salad Bar  
Grilled Cheese  
Pre Made Deli Sandwich  
Chicken Sandwich  
Hot entrée of the day (no choice from list #2)  
Kletz Focaccia Sandwiches  
Black Bean Burger  
Veggie Burger  
Pizza Petal  
Tuna Melt

#### List #2

French Fries  
Veggie of the day  
Soup  
Bagel  
Fresh Fruit

#### List #3

20oz Soda  
20oz Juice  
2 Milk Cartons  
Coffee  
Hot Tea

#### List #4

Fresh Fruit  
Donut  
Cookies  
Bagel  
Dessert Bar  
Muffin  
Novelty Ice Cream

## Dinner

4:31pm-close

### Select one item from each list:

#### List #1

Cheeseburger  
Hamburger  
Tenders  
1 Taco  
Hot Dog/Brat  
Soup  
Chicken Nuggets  
Grilled Cheese  
Pre Made Deli Sandwich\*  
Chicken Sandwich  
Hot entrée of the day (no choice from list #2)\*  
Kletz Focaccia Sandwiches\*  
Black Bean Burger  
Veggie Burger  
Pizza Petal  
Tuna Melt

#### List #2

French Fries  
Veggie of the day\*  
Soup  
Bagel  
Fresh Fruit

#### List #3

20oz Soda  
20oz Juice  
2 Milk Cartons  
Coffee  
Hot Tea

#### List #4

Fresh Fruit  
Donut  
Cookies  
Bagel  
Dessert Bar  
Muffin  
Novelty Ice Cream

**NOT INCLUDED:** Deli Bar, Naked Juice, Ben and Jerry's Ice Cream, Prepackaged Items, Kletz Convenience Items, Pepperoni Rolls, Bottled Beverages  
\*while they last