

With your *KLETZ* sticker

# Meal Plan

## Lunch

10:30 a.m.-11:30 a.m.

1:00 p.m.-2:00 p.m.

### Select one item from each list

#### List #1

Cheeseburger

Hamburger

Tenders

1 Taco

Hot Dog/Brat

Soup

Chicken Nuggets

Salad Bar

Grilled Cheese

Deli Sandwich

Chicken Sandwich

Hot Entrée of the Day (no choice from list #2)

Kletz Club, Supreme or Caesar (no choice from list #2)

Black Bean Burger

Veggie Burger

1 Pizza Petal

#### List #2

French fries

Veg. of the day

Soup

Bagel

Fresh Fruit

#### List #3

20 oz Soda

20 oz Juice

2 Milk Cartons

Coffee

Hot Tea

#### List #4

Fresh Fruit

Ice Cream

Cookies

Bagel

Dessert Bar

Muffin

***NOT included:*** any bottled beverage, granola cups, yogurt, Ben and Jerry's ice cream, Hudsonville ice cream, candy, bagged chips, individual snacks, pepperoni rolls.